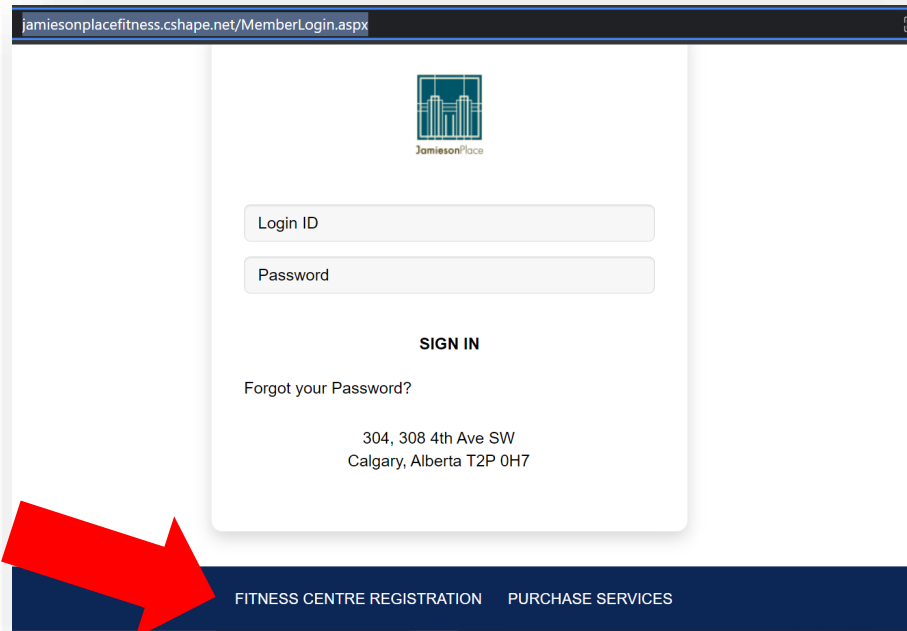


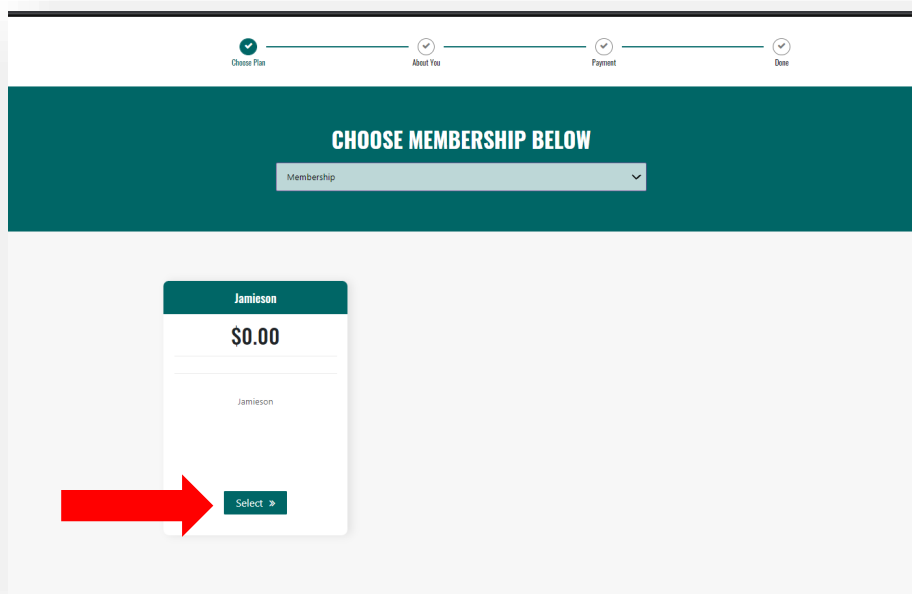
Fitness Centre Online Registration Guide

1. Access the Fitness Centre Member Portal here:
<https://jamiesonplacefitness.cshape.net/MemberLogin.aspx>. It can also be accessed from the Fitness Centre page of our building website:
<https://www.jamiesonplace.com/building/amenities/fitness>, under Registration.
2. On the home page, start your registration by selecting the **Fitness Centre Registration Tab**.



The screenshot shows the Member Login page at jamiesonplacefitness.cshape.net/MemberLogin.aspx. The page features the Jamieson Place logo, input fields for Login ID and Password, a SIGN IN button, a link for 'Forgot your Password?', and the address '304, 308 4th Ave SW, Calgary, Alberta T2P 0H7'. A red arrow points to the 'FITNESS CENTRE REGISTRATION' tab in the bottom navigation bar.

3. In the next screen, click **Select**



The screenshot shows the 'CHOOSE MEMBERSHIP BELOW' page. At the top, there is a progress bar with four steps: 'Choose Plan' (checked), 'About You', 'Payment', and 'Done'. Below the header, there is a dropdown menu labeled 'Membership'. A card displays 'Jamieson' and '\$0.00'. A red arrow points to the 'Select' button at the bottom of the card.

4. Complete all required fields on the **Membership Terms** page and click **Continue**

Membership Terms

Membership Description:
Jamieson
Rate: \$0.00
Start Date: 10/14/2021
Inactive Date: Open

Please enter your information Fields marked with (*) are required.

First Name: *
Last Name: *
Email: *
Email is login ID to member portal
Gender: *
Company: *
Emergency Contact Name: *

Password: *
Must be at least 8 characters containing a letter and number
Phone: *
Work: *
DOB: *
Emergency Contact Phone: *

THIS MEMBERSHIP IS FREE !!!

Back Continue

Cart Totals

Item(*)	Subtotal
	\$0.00
Tax	\$0.00
Total	\$0.00

Payment Details

Rate: \$0.00
Initiation Fee: \$0.00
Jamieson
Extra Charges: N/A
Amount Due Today: (includes tax if applicable) \$0.00
Next Billing Date: N/A

5. Next page – **Agreement** - will display your membership application auto populated with the personal information you entered on the previous page.

Scroll down to the bottom of the Agreement page and enter your signature in the signature block 4 times so that the Agreement populates all required areas of the application with your signature.

Jamieson Place

Choose Plan About You Agreement Payment Done

This screen allows your facility to electronically capture and save digitally signed documents.

Jamieson Place Membership Application

Berneau-Simona Member Initials

Membership and Consent Agreement
Jamieson Place Fitness Centre

Last Name: Berneanu First Name: Simona Middle Initial: _____

Date of birth: Gender: F Business Phone:

Business Email: simona.berneanu@quadreal.com Company: QuadReal Property Gr

Emergency Contact: Simona Berneanu Contact Phone:

Thank you for choosing to use the "Centre" and making use of our facilities, equipment, programs and/or services ("Activities"). We request your understanding and cooperation in maintaining your safety and health by reading and signing the following Membership and Informed Consent Agreement (the "Agreement").

Membership Type: Jamieson Place Tenant Free Membership

Informed Consent

I declare that I intend to use some or all of the equipment, facilities, programs, activities and services offered by the Centre. I understand that each person, (myself included), has a different capacity for participating in such Activities. I am aware that all Activities offered are educational, recreational or self-directed in nature. I assume full responsibility during and after my participation in such Activities and for my choices to use or apply at my own risk any portion of the information or instruction I may receive.

I understand that part of the risk involved in undertaking any of the Activities is relative to my own state of fitness and health (physical, mental or emotional) and to the awareness, care and skill with which I conduct myself in any of the

Signature Number	Signature Name	Signed Time
1	Medical History: Write YES or NO	10/14/2021 04:28:44 PM
2	Member Initials	10/14/2021 04:29:56 PM
3	Member Initials	10/14/2021 04:30:23 PM
4	Member Signature	Not Signed

Member Signature



Load Signature(s)

Signature Number	Signature Name	Signed Time
1	Medical History: Write YES or NO	10/14/2021 04:28:44 PM
2	Member Initials	10/14/2021 04:29:56 PM
3	Member Initials	10/14/2021 04:30:23 PM
4	Member Signature	Not Signed

Member Signature



Load Signature(s)



6. Once you have entered your signatures, select **Save Contract**.

This screen allows your facility to electronically capture and save digitally signed documents.

Jamieson Place Membership Application

Berneanu-Simona

Signature 4 of 4 required

Member Signature

Save Contract

7. Review the Terms of Your Purchase. The membership is free, so no additional information is required here. Select **Submit** and **Done**.

You will receive an email notifying you that your membership application has been processed and you can now start using the portal.

Choose Plan

About You

Agreement

Payment

Done

Review the Terms of Your Purchase

THIS MEMBERSHIP IS FREE !!!

Back


Submit

Cart Totals

Item(1)Subtotal	\$0.00
Tax	\$0.00
Total	\$0.00

8. To start using the portal and register for classes, book workout time, etc. access <https://jamiesonplacefitness.cshape.net/MemberLogin.aspx>.

Enter your username (last name – first name or email provided on the registration form) and the password you have selected on the registration form. If you need help with resetting your password, click on **Forgot your Password** or contact the Fitness Centre staff at jpfitness@livnorth.com.



Login ID


Password

SIGN IN


Forgot your Password?

304, 308 4th Ave SW
Calgary, Alberta T2P 0H7


FITNESS CENTRE REGISTRATIONPURCHASE SERVICES




Under the new Calgary Bylaw effective Sept 23, only members who provide either proof of vaccination, negative covid test or medical exemption are permitted into the fitness centre. Please have required documents ready. Masks are required in changerooms and moving around the gym, but can be removed while exercising. Please book each visit.




PURCHASE SERVICES




REGISTER FOR CLASSES




Back To Basics Workout Challenge



BOOK WORKOUT TIME



MY SCHEDULE



MY ACCOUNT