



# TENANT BULLETIN

April 6, 2021

## Livingston Place Fitness Centre Closure

---

### ***Tenant Bulletin: Please pass onto all Staff***

Following the Alberta Government's announcement on April 6, the Livingston Place Fitness Centre will be allowed to accommodate one-on-one personal training sessions for those essential staff that are accessing Livingston Place, however the one-hour workout sessions without a personal trainer will not be permitted **as of April 7.**

The training sessions are provided by certified LIV North trainers in the Fitness Centre, and a complimentary half hour virtual training consultation will be available so you can talk to a trainer about goals, training history, plan of action and scheduling.

Should you be interested in personal training sessions, would like to set up the free initial consultation, or for more information, please contact the Fitness Centre staff at [lpfitness@livnorth.com](mailto:lpfitness@livnorth.com).

Regards,

