

# Group Exercise Class Schedule

## Schedule for March 4 - 28, 2024

Monday

**NEW!**

**Boxing Fit**

12:00 -12:45 pm  
with Juan

Tuesday

**StrongerU**

12:00 -12:45 pm  
with Tara

Wednesday

**Yoga**

12:00 -12:45 pm  
with Leah

Thursday

**StrongerU**

12:00 -12:45 pm  
with Tara

Friday

No Classes

 **Livingston Place**  
**FITNESS**

**LIV**unLtd

### PURCHASE OPTIONS

- \$50.00: Unlimited Class Pass
  - \$40: 4 Drop-in Passes
  - \$12: 1 Drop-in Pass
- Prices don't include GST

- Space is limited
- Class registration opens 7 days in advance
- Please bring your own yoga mat to Yoga
- Schedule/instructors are subject to change

Scan QR Code or select  
Member Portal link below to  
register for classes



[Member Portal](#)