



# BULLETIN

September 3, 2020

## Livingston Fitness Centre New Hours of Operation

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Please be advised that starting **Wednesday September 9<sup>th</sup>**, the Livingston Place Fitness Centre hours of operation will be as follows:

### **Fitness Centre New Hours**

Monday/Wednesday/Friday: 7:00 am - 2:30 pm

Tuesday/Thursday: 10:30 am – 6:00 pm

Saturday/Sunday/Holidays: CLOSED

This time change is necessary in order to accommodate higher attendance numbers in the early afternoon, as the early morning time slots have had minimal attendance numbers. With this change, the time slots available for booking throughout the day will be slightly altered as well. To view available workout times, please access the schedule on the Fitness Centre Member Portal

<https://livingstonclubfitness.cshape.net/default2.aspx>

For more information on Fitness Centre access protocols, booking information, new member registration, please visit the fitness centre page on our building website

<https://www.livingstonplace.com/index.php/fitness2> .

Should you have any questions, please contact the Fitness Centre staff at [lpfitness@livnorth.com](mailto:lpfitness@livnorth.com) .

Kind Regards,