



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			WALK/RUN GROUP STARTS!			
			1	2	3	4
	TRAVEL WORKOUT		TIPS FOR A TECH FREE VACATION			
5	6	7	8	9	10	11
				ROOFTOP SPINATHON FOR CHARITY 3rd FLOOR PATIO 12NOON - 2PM	TAKE 5 - BENEFITS FOR UNPLUGGING	
12	13	14	15	16	17	18
FATHER'S DAY	RECIPES FROM AROUND THE WORLD	LUNCH & LEARN HOW TO UNPLUG 3rd FLOOR PATIO 12PM - 12:30PM				
19	20	21	22	23	24	25
				LUNCH & LEARN HOW TO UNPLUG 3rd FLOOR PATIO 12PM - 12:30PM		
26	27	28	29	30	31	

THIS MONTH'S TO DO'S:



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For more information contact us at
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